## WISE UP TO WATER! DON'T LET IT BE YOU!

DROWNING IS THE 3RD MOST COMMON CAUSE OF ACCIDENTAL DEATH IN 11-18 YEAR OLDS:

- Most people who drown in the UK can swim!
  - Outdoor water is cold Cold water kills!
    - The effects of alcohol can play a major role in incidents!
      - Every year people drown trying to rescue others!

IF YOU SEE SOMEONE IN DIFFICULTY DIAL 999/112
STAY CALM • DON'T ENTER THE WATER • LEARN HOW TO HELP

FOR MORE INFORMATION CONTACT: **LEEDS LIFESAVING**Tel: 0113 214 5322 • Email: louise.wells@leeds.gov.uk







